



BIOMAR DELUXE DETOX-PURIFYING PACKAGE

by Natura Bissé

3 days

day 1

Arrival at the hotel at 12 noon, check-in (early check in available at no extra charge on request).

Welcome green Detox juice in the Piano bar.

Lunch in the theme restaurant.

Medical check with Dr. Liliana Ocampo (col:070706732).

Spa circuit (guided in accordance with recommendations) max. 3 hours.

Hot water, water shoots, bubbles,... offering multiple benefits to your body: tones the skin, relaxes the muscles, stimulates blood circulation... Saunas, thermal & hamman help to eliminate toxins, purify the skin and favour a better functioning of the respiratory tract.

Snack in the Biomar Spa

30 min. Bamboo scrub

Body exfoliant made up of micro-fibres of bamboo, micro-spheres & essential oils of sandalwood, cloves, myrrh, incense, cardamom & black pepper. It exfoliates & re-mineralises, eliminating dead cells & skin impurities.

Algotherapy mask (30 min.)

a body mask composed of 3 kinds of seaweed: fucus vesiculosus, spirulunas y laminaria digitata. It has a high detoxifying and remineralising power, as well as purifying, regenerating, soothing & moisturising properties.

50 min. gym session with personal trainer (optional).

Dinner in the theme restaurant.

Protur Biomar Gran Hotel & Spa





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day 2

Green juice in the room prior to breakfast.

Breakfast in the main dining room. Served on a custom tray.

15 min. bath with green tea bath salts.

Whirlpool tub with bubbles & jets offering a pleasant massage from your toes to your back.

Green tea bath salts have a pleasant scent but above all offers highly lipolytic, reducing and draining properties

Mid morning snack in the Biomar Spa.

45 min. Detox Spa Massage.

Massage carried out with Spa Massage cream, made up of aloe vera, royal jelly & extract of the algae Fucus, offering very effective reducing, anti-cellulite, re-affirming & moisturising properties. Specific manipulations that help to enhance the detoxifying and remodelling action in all the areas to be treated

Lunch in the theme restaurant.

Spa circuit (guided in accordance with recommendations) max. 3 hours.

A snack in the Piano bar

50 min. walk or cycle through the nature park (optionally with personal trainer).

Dinner in the theme restaurant.



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day 3

Green juice in the room prior to breakfast.

Breakfast in the main dining room. Served on a custom tray.

75 min. Facial Detox.

Full facial hygiene using only Natura Bissé products that are designed to clean, purify & detoxify the skin, as well as providing the moisturising & luminosity that it needs by way of a cleaning, peeling, extraction, elixir, "detox" draining massage & mask.

Mid morning snack at the Biomar Spa.

Spa circuit (guided in accordance with recommendations) max. 3 hours.

Lunch in the theme restaurant.

Late check ou & free afternoon included!



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Package price: 259 €
With personal trainer: 334 €

Conditions:

Prices are per person and include VAT.

The package price does not include accommodation. The package can be added during the booking process. All food services can be enjoyed in the room at no extra charge. Early check-in & late check-out are subject to availability. Please consult the attached menu. If there is anything that doesn't suit you, please let us know and we will adapt it.