

FITNESS

7€

1 día Fitness
1 day Fitness
1 Tag Fitness

11€

1 día Fitness +Clase
1 Day Fitness + Class
1 Tag Fitness + Unterricht

	LUNES MONDAY MONTAG LUNDI	MARTES TUESDAY DIENSTAG MARDI	MIÉRCOLES WEDNESDAY MITTWOCH MERCREDI	JUEVES THURSDAY DONNERSTAG JEUDI	VIERNES FRIDAY FREITAG VENDREDI	SÁBADO SATURDAY SAMSTAG SAMEDI
10:00 / 10:45		CIRCUIT EXPRESS	CROSSTRaining	HIIT	POWERPUMP	AQUAFIT
11:00 / 11:45		AQUAFIT	PILATES	AQUAFIT	PILATES	CROSSTRaining
12:00 / 12:30				CORE-STRETCH		PILATES
16:00 / 16:45						
16:00 / 16:45	PILATES		PILATES		PILATES	
17:00 / 17:45		GAP		PILATES		PILATES
18:00 / 18:45	GAP	CIRCUIT EXPRESS	COREFIT	GAP	CIRCUIT EXPRESS	AQUAFIT
19:00 / 19:45		AQUAFIT	AQUAFIT	CROSSTRaining	AQUAFIT	GAP